



# September 2024

Meck  
Center for Healthy Aging  
570-601-9593

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 CENTER CLOSED LABOR DAY</p>	<p>3 9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>4 9:00am Cards 10:00am Puzzles 12:30pm Cards</p>	<p>5 9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>6 9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>9 9:00am Cards 10:30am Puzzles 12:30pm Cards</p>	<p>10 9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>11 9:00am Cards 10:00am Puzzles 12:30pm CRAFTS</p>	<p>12 9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>13 9:00am Cards 11:30am Scam Prevention Program</p>
<p>16 9:00am Cards 10:30am Puzzles 12:30pm Cards</p>	<p>17 9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>18 9:00am Cards 10:00am Coffee with Carson</p>	<p>19 9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>20 9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>23 9:00am Cards 12:30pm Alzheimer's Program</p>	<p>24 CENTER CLOSED</p>	<p>25 CENTER CLOSED</p>	<p>26 9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>27 9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>30 9:00am Cards 10:30am Puzzles 12:30pm CRAFTS</p>				<p>Come eat lunch with us! Lunch served daily at 11:30am Call to reserve a meal!</p>