

PBIS is based on the Teaching Pyramid which includes three tiers:



Nurturing and Responsive Relationships and High Quality Supportive Environments



Targeted Social Emotional Supports



Intensive Interventions



**Be Safe**  
**Be Kind**  
**Be Responsible**



**STEP Head Start**  
2138 Boyd Street  
Williamsport, PA 17701  
570.326.0587



**Positive Behavior Interventions and Support (PBIS)**



**Positive Behavior Interventions and Support (PBIS)**



Research has shown that PBIS creates a more positive school climate.



*Three Broad Expectations:  
Be Safe, Be Kind, Be Responsible*



*Teaching appropriate behavior in all settings*



*Children are acknowledged for positive behavior*



*A procedure in place for handling challenging behavior*

## Program-Wide Expectations

Our program-wide expectations, Be Safe, Be Kind, and Be Responsible, are supported in our program by:

- Structuring the environment  
*Environment is child friendly*
- Appropriate expectations  
*Expectations are based on child's developmental level*
- Modeling acceptable behavior  
*Adults always model appropriate behavior*
- Offering choices  
*Choices are offered which match child's abilities*
- Positive reminders  
*Remind your child what you want them to do*
- Redirecting  
*Guide the child to another activity*
- Natural consequences  
*Consequences occur naturally*
- Conflict Resolution  
*Help children talk with others and work it out*

## Nurturing and Responsive Relationships and Supportive Environment

- Let the child know he/she is safe
- Respond to child's needs and interests
- Consider the family and child's culture
- Involve families
- Teach rules and expectations
- Comment on child's positive behavior
- Establish strong child/adult relationships
- Establish strong relationships with families
- Provide consistency and predictable routines
- Provide age-appropriate opportunities
- Set age-appropriate limits
- Offer choices
- Model behavior we want to see

## Targeted Social Emotional Skills

- Help child express emotions in healthy way
- Teach emotions and talk about them
- Teach and support friendship skills
- Teach and support problem solving, sharing
- Validate child's emotions
- Teach and provide options for emotional regulation
- Provide external regulation for infants (swaddling, rocking, etc.)
- Teach anger management and deep breathing

## Intensive Interventions

A few children may need additional support to decrease challenging behavior.

- Observe child behavior
- Determine the function of the behavior
- Teach new skills



**The mission of PBIS is to support children, families, and staff in building positive relationships.**

