PBIS is based on the Teaching Pyramid which includes three tiers:



Nurturing and Responsive Relationships and High Quality Supportive Environments



Targeted Social Emotional Supports



Intensive Interventions





Be Kind

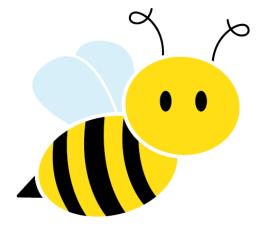
Be Responsible





STEP Head Start

2138 Boyd Street Williamsport, PA 17701 570.326.0587





Positive Behavior Interventions and Support (PBIS)









Research has shown that PBIS creates a more positive school climate.



Three Broad Expectations: Be Safe, Be Kind, Be Responsible



Teaching appropriate behavior in all settings



Children are acknowledged for positive behavior



A procedure in place for handling challenging behavior

8/2020

Program-Wide Expectations

Our program-wide expectations, Be Safe, Be Kind, and Be Responsible, are supported in our program by:

- Structuring the environment Environment is child friendly
- Appropriate expectations
 Expectations are based on child's developmental level
- Modeling acceptable behavior
 Adults always model appropriate
 behavior
- Offering choices
 Choices are offered which match
 child's abilities
- Positive reminders
 Remind your child what you want
 them to do
- Redirecting Guide the child to another activity
- Natural consequences Consequences occur naturally
- Conflict Resolution
 Help children talk with others and
 work it out

Nurturing and Responsive Relationships and Supportive Environment

- Let the child know he/she is safe
- Respond to child's needs and interests
- Consider the family and child's culture
- Involve families
- Teach rules and expectations
- Comment on child's positive behavior
- Establish strong child/adult relationships

- Establish strong relationships with families
- Provide consistency and predictable routines
- Provide age-appropriate opportunities
- Set age-appropriate limits
- Offer choices
- Model behavior we want to see

Intensive Interventions

A few children may need additional support to decrease challenging behavior.

- Observe child behavior
- Determine the function of the behavior
- Teach new skills

The mission of PBIS is to support children, families, and staff in building positive relationships.

Targeted Social Emotional Skills

- Help child express emotions in healthy way
- Teach emotions and talk about them
- Teach and support friendship skills
- Teach and support problem solving, sharing
- Validate child's emotions
- Teach and provide options for emotional regulation
- Provide external regulation for infants (swaddling, rocking, etc.)
- Teach anger management and deep breathing

