# Be Safe Be Kind

#### Be Responsible



Love

# **Learning Routines**

**STEP Head Start** 

2138 Boyd Street Williamsport, PA 17701 570.326.0587

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PBIS

Early Head Start

for



Positive Behavior
Interventions and Support
(PBIS)

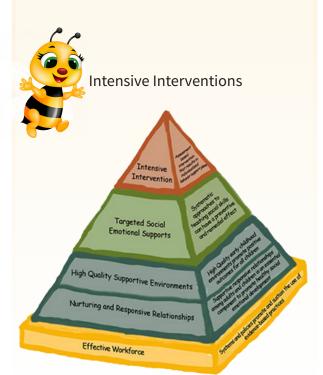
#### PBIS is based on the Teaching Pyramid which includes three tiers:



Nurturing and Responsive Relationships and High Quality Supportive Environments



**Targeted Social Emotional Supports** 



# Positive Behavior Interventions and Support



(PBIS)



Research has shown that PBIS creates a more positive school climate.



Three Broad Expectations: Be Safe, Be Kind, Be Responsible



Teaching appropriate behavior in all settings



Children are acknowledged for positive behavior



A procedure in place for handling challenging behavior

### Love

Healthy attachment supports an infant's social and emotional development.

Healthy attachments are developed through:

- Responsive caregiving
- Shared enjoyment
- Consistent caregiving

Through relationships, infants and toddlers begin to regulate their own feelings.



# Learning

Caregivers who have a healthy attachment with their child create an environment in which the child is ready to learn.

This is developed by:

- Using praise to encourage your child
- Responding to your child's attempts to communicate
- Spending time playing on the floor with your child
- Use language with your child to talk about feelings and experiences

Remember, infants and toddlers learn through play!



## Routines

Routines provide two key components for learning: **relationships** and **repetition**.

Caregivers can use consistent routines to:

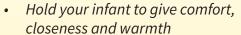
- Interact one-on-one with your child
- Bond with your child
- Engage in conversations
- Teach your child self-control
- Support social skills
- Aid in coping with transitions



# **PBIS in the Home**

#### Infants:

- Talk and sing to your infant
- Respect your infant's cues



- Make sure the environment is not over stimulating for your infant
- Make physical contact with infant
- Play pat-a-cake and peek-a-boo
- Look at simple picture books with child

#### Older Infants/Toddlers:

- Talk and sing
- something to hold when changing them
- Provide toys and games that involve all five senses
- Repeat words and activities and introduce child to new activities
- Use a visual schedule to show child activities for day
- Be there to comfort and make them feel safe
- Sing silly songs and play games

Celebrate your child!

The mission of PBIS is to support children, families, and staff in building positive relationships.