

**Be Safe**

**Be Kind**

**Be Responsible**



**Love**

**Learning**

**Routines**

**STEP Head Start**  
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# PBIS

for  
**Early Head Start**



**Positive Behavior  
Interventions and Support  
(PBIS)**

PBIS is based on the  
Teaching Pyramid which  
includes three tiers:



Nurturing and Responsive Relationships  
and High Quality Supportive  
Environments



Targeted Social Emotional Supports



Intensive Interventions



**Positive Behavior  
Interventions and Support  
(PBIS)**



Research has shown that PBIS creates a  
more positive school climate.



*Three Broad Expectations:  
Be Safe, Be Kind, Be Responsible*



*Teaching appropriate behavior  
in all settings*



*Children are acknowledged  
for positive behavior*



*A procedure in place for handling  
challenging behavior*

# Love

Healthy attachment supports an infant's social and emotional development.

Healthy attachments are developed through:

- Responsive caregiving
- Shared enjoyment
- Consistent caregiving

Through relationships, infants and toddlers begin to regulate their own feelings.



# Learning

Caregivers who have a healthy attachment with their child create an environment in which the child is ready to learn.

This is developed by:

- Using praise to encourage your child
- Responding to your child's attempts to communicate
- Spending time playing on the floor with your child
- Use language with your child to talk about feelings and experiences

Remember, infants and toddlers learn through play!



# Routines

Routines provide two key components for learning: **relationships** and **repetition**.

Caregivers can use consistent routines to:

- Interact one-on-one with your child
- Bond with your child
- Engage in conversations
- Teach your child self-control
- Support social skills
- Aid in coping with transitions



# PBIS in the Home

## Infants:

- Talk and sing to your infant
- Respect your infant's cues
- Hold your infant to give comfort, closeness and warmth
- Make sure the environment is not over stimulating for your infant
- Make physical contact with infant
- Play pat-a-cake and peek-a-boo
- Look at simple picture books with child



## Older Infants/Toddlers:

- Talk and sing
- Give them something to hold when changing them
- Provide toys and games that involve all five senses
- Repeat words and activities and introduce child to new activities
- Use a visual schedule to show child activities for day
- Be there to comfort and make them feel safe
- Sing silly songs and play games



**Celebrate your child!**

The mission of PBIS is to support children, families, and staff in building positive relationships.