



# STEP Head Start

## POSITIVE BEHAVIOR INTERVENTIONS & SUPPORTS (PBIS)



PBIS is a way for STEP Head Start to encourage *Safe, Kind, and Responsible* behavior.

PBIS is for everyone:

◆ *Children* ◆ *Families* ◆ *Staff* ◆



### *Build Positive Relationships*

The foundation of PBIS is positive relationships. We want to build positive relationships with:

- ◆ Children
- ◆ Families
- ◆ Staff



### *Design a Supportive Environment*

We want to design an environment that supports children. Some ways include:

- ◆ Picture schedules
- ◆ Offering choices
- ◆ Positive interactions
- ◆ Schedules/Routines
- ◆ Clear expectations
- ◆ Rewarding positive behavior



### *Teach Social Emotional Skills*

We teach children to express their feelings in appropriate ways. We teach them:

- ◆ Feeling words
- ◆ Friendship skills
- ◆ Anger coping skills:
  - Deep breathing
- ◆ Problem solving skills



### *Intensive Individual Interventions*

For children who may need extra help, we can provide individualized support.



### *Program-Wide Expectations*

PBIS "Bee" Rules:

*Be Safe*                      *Be Kind*  
*Be Responsible*

These are expectations for everyone. When children are caught being safe, kind, and responsible at Head Start, they earn bees for their beehive.



### *PBIS at Home!*

#### *Early Head Start: Infants*

- Talk and sing to your infant.
- Respect your infant's cues.
- Hold your infant to give comfort, closeness, and warmth.

#### *Early Head Start: Toddlers*

- Provide toys that involve all senses.
- Use a visual schedule.
- Talk and sing.
- Give them something to hold when changing them.

#### *Head Start: Preschool*

- Develop home rules.
- Use beehive and bees when your child is safe, kind, and responsible.
- Read stories.

#### *All Children:*

- Borrow books from our PBIS Family Library and virtual library at [www.stepcorp.org/pbis/virtual-pbis-family-library.html](http://www.stepcorp.org/pbis/virtual-pbis-family-library.html)
- Visit the PBIS at Home section of our website at [www.stepcorp.org/PBISatHome](http://www.stepcorp.org/PBISatHome)

The mission of PBIS is to support children, families, and staff in building positive relationships.