



September 2024

**Jersey Shore
Center for Healthy Aging
57-601-9591**

Monday	Tuesday	Wednesday	Thursday	Friday
2 CENTER CLOSED LABOR DAY	3 9am HSIM (exercise) 12:15 "What's In The Box?"	4 9a Coffee & Conversation 12:15 Pokeno/Bingo	5 9am HSIM (exercise) 12:15 "Name That Tune"	6 9am Coffee & Conversation 12:15 Fall Craft
9 9a Coffee & Conversation 12:15 Bible Study w/C Bennet, Lay Minister 12:15 Cards	10 9am HSIM (exercise) 12:15 Ballon Volleyball	11 9a Coffee & Conversation 12:15 Board Game/ Cards	12 9am HSIM (exercise) 12:15 Chocolate Milkshakes 12:15 Movie	13 9a Coffee & Conversation 12:15 Cards/Dominos
16 9a Coffee & Conversation 12:15 Bible Study w/C Bennet, Lay Minister 12:15 Cards	17 9am HSIM (exercise) 12:15 Grocery Bingo	18 9a Coffee & Conversation 12:15 Family Feud	19 9am HSIM (exercise) 12:15 Trivia	20 9a Coffee & Conversation 12:15 Pokeno
23 9a Coffee & Conversation 12:15 Bible Study w/C Bennet, Lay Minister 12:15 Cards	24 9am HSIM (exercise) 12:15 Charades	25 9a Coffee & Conversation 12:15 Karaoke	26 9am HSIM (exercise) 12:15 Craft/Painting	27 9a Coffee & Conversation 12:15 "What's In The Bottle?"
30 9a Coffee & Conversation 12:15 Bible Study w/C Bennet, Lay Minister 12:15 Cards				Come eat lunch with us! Lunch served daily at 11:30am Call to reserve a meal!