

December 2024

RiverWalk Center Center for Healthy Aging 570-601-9592

Monday	Tueday	Wednesday	Thursday	Friday
2 9:00 Wood Carving	3 10:30 Chair Yoga-Virtual 1:00 Get the Dirt on Gardening	4 9:00 Cards 12:30 Rummikub/Cards 1:30 Line Dance	6 10:00 Drawing w/George 1:00 Bingo	6 10:30 Chair Yoga-Virtual 12:30 Rummikub/Cards
9 9:00 Wood Carving 1PM Ceramic Painting	10 10:30 Chair Yoga-Virtual 1:00 Get the Dirt on Gardening	11 9:00 Cards 12:30 Rummikub/Cards 1:30 Line Dance	12 10:00 Drawing w/George 1:30 Bingo	13 10:30 Chair Yoga-Virtual 12:30 Rummikub/Cards 1pm Christmas Cards
16*** 9:00 Wood Carving	17*** 10:30 Chair Yoga-Virtual 1:00 Get the Dirt on Gardening	18*** 9:00 Cards 12:30 Rummikub/Cards 1:30 Line Dance	19*** NO CONGREGATE MEALS/ NO Afternoon Activities	20 CENTER CLOSED
23 9:00 Wood Carving	24*** 10:30 Chair Yoga-Virtual	25 CENTER CLOSED CHRISTMAS	26 10:00 Drawing w/George 1:00 Bingo	27 10:30 Chair Yoga-Virtual 12:30 Rummikub/Cards
30 9:00 Wood Carving	31 10:30 Chair Yoga-Virtual	*** Center Hours may change due to the holiday. Please check with center coordinator		Come eat lunch with us! Lunch served daily at 11:30am Call to reserve a meal