

January 6
Country Fried Chicken
with White Pepper Gravy
Mashed Potatoes
Buttered Corn
Creamy Cole Slaw
Whole Grain Bread

January 7
Spaghetti and Meatballs
with Marinara
Italian Blend Vegetables
Pickled Beet Salad

January 8
Honey Mustard Chicken
Glazed Carrots
Buttered Orzo
Fresh Orange

January 9
BarBeQue Turkey Burger
Sandwich Roll
Broccoli and Carrots
Macaroni and Cheese
Tropical Fruit Salad

January 10
Alpine Hamburger
Sandwich Roll
Molasses Baked Beans
Buttered Garlic Zucchini
Gelatin with Fruit

January 13
Texas Hot Dog
with Hot Dog Roll
Molasses Baked Beans
Carrots & Cauliflower
Apple Sauce

January 14
Meatloaf with Marinara
Macaroni and Cheese
Peas and Carrots
Fresh Orange

January 15
Roasted Chicken with Gravy
with Stuffing
Buttered Mixed Vegetables
Whipped Potatoes
Fresh Apple

January 16
Cheddar Cheese Omelet
French Toast Sticks
Harvard Beets
Mandarin Oranges
Whole Grain Bread

January 17
Taco Salad
Mexican Corn
Tortilla Chips
Lettuce with Cheese

January 20
Chicken Marsala
Mashed Potatoes
Creamed Spinach
Peaches

January 21
Chicken Parmesan
Spaghetti with Sauce
Cauliflower
Creamy Cole Slaw

January 22
Hamburger Barbeque
Sandwich Roll
Beans and Greens
Creamed Corn
Fresh Apple

January 23
Sausage Patty with
Peppers and Onions
Sandwich Roll
Broccoli and Carrots
Molasses Baked Beans
Baked Custard

January 24
Cheeseburger Casserole
Green and Wax Beans
Buttered Corn
Gelatin with Fruit

January 27
Breaded Fish Square
Sandwich Roll
Macaroni and Cheese
Stewed Tomatoes
Fresh Apple

January 28
Sausage Gravy
Fresh Biscuit
Buttered Peas and Carrots
Mandarin Oranges

January 29
BarBeQue Chicken
Sandwich Roll
Molasses Baked Beans
Broccoli and Carrots
Macaroni Salad

January 30
Sweet and Sour Pork
Buttered Noodles
Buttered Island Vegetable Blend
Carrot & Raisin Salad

January 31
Chicken Noodle Casserole
Carrots and Cauliflower
Creamed Corn
Chocolate Cake with Pudding