

RENOVO SENIOR CENTER

SEPTEMBER

2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CENTER CLOSED	3 Baked Pork Chop Baked Potato Spinach Gelatin	4 Stuffed Bell Pepper Mashed Potatoes Cucumbers and Onion Strawberries Mandarin Oranges	5 Rotissiere Chicken Squash Casserole Sliced Carrots Fresh Grapes	6 Fried Shrimp Parsley Potatoes Coleslaw Citrus Gelatin Cottage Cheese
9 Roast Pork Mashed Potatoes Corn Casserole Mandarin Oranges	10 Pot Roast w/ Gravy Red Skin Mashed Potatoes Baby Carrots Melon Cup	11 Meatballs w/ Spaghetti Green Beans Pear Slices	12 Roast Turkey Slice Stuffing Mashed Potatoes Creamy Cucumber Salad Watermelon	13 Fish Buttered Noodles Country Vegetables Broccoli Garlic Toast Melon Cup
16 Baked Chicken Thigh Baked Sweet Potato Broccoli Sunny Pears	17 Sliced BBQ Beef Baked Beans Tomato and Onion Salad Fruit Cocktail	18 Chili with Beans Tossed Salad Fresh Strawberries	19 Teriyaki Grilled Chicken Steamed Rice Stir Fry Veggies Cucumbers and Onion Melon Cup	20 Lemon Baked Fish Buttered Noodles Stewed Tomatoes Carrot Raisin Salad Banana Half
23 Spaghetti w/ meat sauce Tossed Salad Watermelon	24 Baked Chicken Parsley Potatoes Green Peas Gelatin Parfait	25 Smothered Beef Steak w/ gravy Mashed Potatoes Cauliflower Mandarin Oranges	26 Creamy Mushroom Chicken Brown Rice Baby Carrots Melon Cup	27 Fish Mac and Cheese Stewed Tomatoes Pineapple Tidbits Cottage Cheese
30 Mushroom gravy with noodles and meatballs Salad Fruit Cocktail				