## All Services Under One Roof

For individuals age 60 or older

Care Management
Community Centers
Consumer Reimbursement
Congregate Meals
Employment Services (age 55+)
Family Caregiver Support

Fitness Programs

Health Screenings and Education

**Home Support Cleaning** 

**Home Modifications** 

Information and Referral

**Legal Programs** 

Long Term Care Assessment

Long Term Care Ombudsman

Meals-on-Wheels

Pennsylvania Medicare Education & Decision Insight

**Personal Care** 

Personal Emergency Response Systems (PERS)

**Placement Services** 

**Protective Services** 

Recreation and Socialization

Transportation

**Volunteer Opportunities** 





#### **Lycoming County**

2138 Lincoln Street Williamsport, PA 17701 Phone: 570-323-3096 Toll free: 800-332-8555

#### Clinton County

124 East Walnut Street Lock Haven, PA 17745 Phone: 570-858-5800 Toll free: 800-332-8555

24-Hour Elder Abuse Hotline: 1-800-332-8555

STEP Office of Aging, the local Area Agency on Aging, works to advance the well-being of Pennsylvania's older adults residing in Lycoming and Clinton counties.

Our vision is that older adults enjoy an enhanced quality of life through service options and the opportunities afforded by choice.

For more information visit: www.stepcorp.org/Office\_of\_Aging

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Formally known as Lycoming-Clinton Counties Commission for Community Action (STEP) Inc., STEP's mission is to engage diverse individuals, families, and communities in the pursuit of social and economic success.

The Office of Aging is part of STEP's Independent Living Pathway to Success.

Funded by:















and Client Contributions



www.stepcorp.org





Providing services that allow senior residents of Lycoming and Clinton counties to be active in the community and remain in their own homes.



STEP Office of Aging is part of the Independent Living Pathway to Success

## **In-Home Services**

For individuals age 60 or older

In-Home Services help individuals to remain in their own homes as long as possible. Meals-on-Wheels, personal care, emergency response systems, home modifications, and light cleaning are just some of the services that may be available to you in your home.

If a long-term care facility is necessary, our agency is there to provide assessment and placement services.

### **Protective Services**

For individuals age 60 or older

The Older Adults Protective Services Act empowers the Office of Aging to investigate reports of abuse, neglect, financial exploitation, abandonment, or other situations that put an individual, or their finances, at imminent risk. If you believe a senior citizen (age 60 and over) needs Protective Services, call our 24-hour hotline to make a report: 1-800-332-8555.

# Assessment/Care Management

For individuals age 60 or older

STEP Office of Aging will assess, develop a care plan, and coordinate the services an individual receives and provide access to the entire range of available services, assuring that individual needs are met.

# **Centers for Healthy Aging**

For individuals age 60 or older







STEP's Centers for Healthy Aging provide a variety of exciting and fun activities, as well as a hot meal at lunch time.

The fun includes: card parties, art classes, crafts, wood carving, square dancing, line dancing, exercise programs, tai chi, Zumba Gold, Healthy Steps in Motion, holiday festivities, computers and the internet, and much more!

For more information, contact the Center for Healthy Aging nearest you!

Clinton County	Meck Center
Community Center	570-546-2542
570-858-5800	
	Mill Hall Center
Jersey Shore Center	570-726-6378
570-601-9591	
	Renovo Center
Lincoln Center	570-923-2525
570-601-9573	
	RiverWalk Cente
Loyalsock Center	570-601-9592

570-601-9590

Over 700 people find personal fulfillment as volunteers in our programs. Meals-on-Wheels, exercise instructors, Pennsylvania Medicare Education and Decision Insight (PA MEDI, formerly known as APPRISE) counselors, and long term care Ombudsman are just a few.

If you are interested in volunteering, please contact the STEP Office of Aging or visit our website: www.stepcorp.org/GetInvolved.

Lycoming County | 570-323-3096 2138 Lincoln Street, Williamsport

Clinton County | 570-858-5800 124 East Walnut Street, Lock Haven

24-Hour Elder Abuse Hotline 1-800-332-8555