



Not only a Newspaper, a Community Asset

# The Express

## STEP honors volunteers at annual banquet

*Barbara Hendricks honored with Meck Award*

LOCK HAVEN — Barbara Hendricks, who volunteers at the STEP Clinton County Community Center, was honored with the George C. Meck Volunteer of the Year Award at the annual volunteer banquet.

As a Community Action Agency, STEP relies on volunteers. They are a vital component of the agency's engagement with the residents of Clinton and Lycoming counties, particularly in the Office of Aging.

The sacrifice and commitment of these volunteers were recently recognized at



BARBARA HENDRICKS

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PHOTOS PROVIDED

Central Mountain High School's National Honor Society served meals to the volunteers.

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banquets held in April — one at the Clinton County Community Center in Lock Haven, and one at the RiverWalk Center in South Williamsport.

"Volunteers receive the reward of the gratefulness and praise given by those they help, and the feeling they have improved many people's lives," said Fred Shrimp, STEP Office of Aging director.

It is estimated that 600 volunteers will provide 50,000 hours of service to STEP's Office of Aging during the 2017-18 fiscal year. They provide a wide range of services, from packaging and delivering meals to preparing taxes, providing APPRISE Medicare counseling, acting as ombudsmen for nursing and personal care home residents, and assisting STEP staff in the centers for healthy aging.

Hendricks was honored at the Clinton County center banquet, where Central

Mountain High School students in the National Honor Society served meals to the volunteers.

Speakers included STEP President and CEO Jim Plankenhorn, Shrimp, Aging Advisory Council Chairperson Ray Humphrey, and Clinton County Commissioner Paul Conklin.

At the RiverWalk Center, STEP AmeriCorps service members and STEP staff helped serve meals to the volunteers. Lycoming County Commissioner Jack McKernan joined Plankenhorn, Shrimp and Humphrey as a speaker for the event.

STEP, Inc. is one of 1,100 Community Action Agencies nationwide, and a member of the Community Action Association of Pennsylvania. Founded in 1966, the agency recently celebrated 50 years of partnerships and service to the community. Its mission is to engage diverse individuals, families, and communities in the pursuit of social and economic success.