

Aging Advisory Council Meeting  
Lincoln Senior Center  
October 8, 2014

Present: Carolyn Bullock, Dave Heiney, Joe Sohmer, Barbara Barger, Ray Humphrey, Nancy Watson, Lois Stryker, Marge Scott, Sharon Cashwell

Absent: Janice Fye, Commissioner Joel Long, Commissioner Tony Mussare

Staff : Fred Shrimp, Paula Edler, Jim Plankenhorn

Meeting called to order at 1:30.

Ray Humphrey asked for a motion to approve the minutes from the previous meeting. Carolyn Bullock made a motion to approve the minutes. Dave Heiney seconded. Vote was taken, motion passed unanimously.

Fred Shrimp reviewed the Resources and Spending summaries of the 2014-2015 budget. The total budget amount and spending plan are very similar to the previous fiscal year. Aging has again received additional funds designated for in-home services in the amount of \$444,398. As a result of the additional funding there is no waiting list, PERS distribution continues, weekend meals-on-wheels continues, more personal care and home support is provided, more home modifications are completed and a designated protect services worker has been added to the casework staff. Aging received a waiver in order to roll over cost share funding that will help in budgeting for the work on The RiverWalk Center. There is \$150,000 of the budget allocated to The RiverWalk Center.

In response to a question, Mr. Shrimp gave a brief explanation of protective services. Protective services is the receiving of reports, investigating and resolving reports of physical, verbal and sexual abuse, caretaker neglect, self-neglect, financial exploitation and abandonment.

In response to a question, Mr. Shrimp explained the use of time studies to allocate cost.

Carolyn Bullock made a motion to approve the budget. Nancy Watson supplied the second and the budget was approved unanimously.

Mr. Shrimp also proposed that he would ask the Department of Aging if STEP could use a portion of the in-home services funds to pay the entire 15% of the cost (10% is

currently paid with the rider paying 5%) on these sponsored trips for those age 65 and older. The Department is encouraging AAAs to sponsor these trips for those 65 and over. The council agreed with this proposal but did not make a formal motion.

The Secretary of Aging, Brian Duke, will be visiting and speaking at the Messiah Senior Center on October 14. The Secretary will include in his remarks an announcement that STEP was awarded a small grant for the Clinton County Community Center to contract with Mindful Harvest to provide a healthy eating program of 40 classes. We will use the visit to highlight our exercise programs with demonstrations of Tai Chi, Zumba Gold and Healthy Steps in Motion. We will also have Penn College nursing students available for blood pressure and glucose screening.

STEP has decided to perform the renovation work on The RiverWalk Center internally using housing staff. There is a current review of the building plans in order to optimize the return on the dollar for the project. The major work should start by March 2015.

Mr. Shrimp stated that the Department of Health is not providing funding or free vaccine for flu shots this year. We will not be able to provide flu shots to everyone for free at the centers. Only seniors with specified insurance plans will be able to receive the shots. One nursing service is only accepting Medicare part B.

Submitted by

Reviewed by

Frederick Shrimp  
Aging Director

Janice Fye  
Secretary